

# Proper Handwashing Solutions

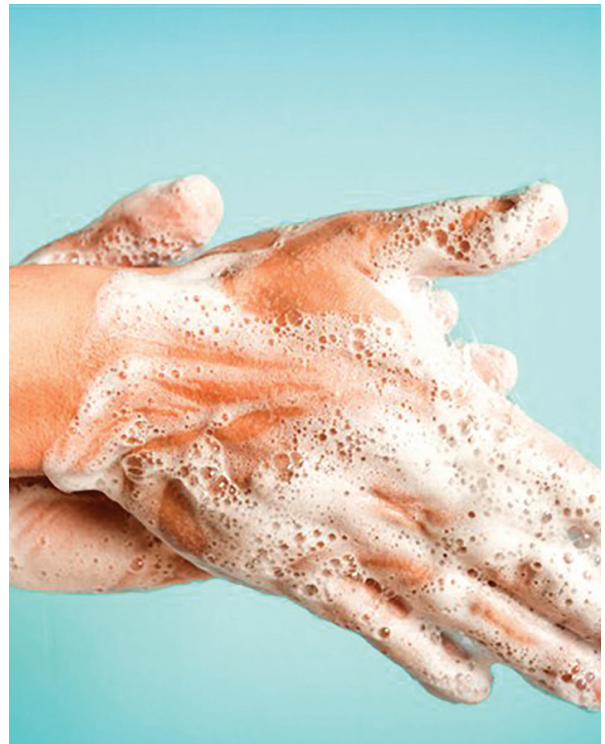
The BIRKO logo is a circular emblem with a blue center and a green and white outer ring. The word "BIRKO" is written in white, bold, uppercase letters across the blue center.

## Preventing Cross-Contamination and Illnesses

Proper handwashing is an essential part of a food safety program and it contributes to employee health and welfare. According to the CDC, washing your hands for at least 20 seconds each time can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.

### Common ways germs are spread in the workplace

- Most germs are spread through the air in sneezing, coughing, blowing your nose, or simply breathing.
- People often inadvertently touch their eyes, nose, and mouth, introducing germs into their bodies.
- Germs from unwashed hands may get into foods and drinks when people prepare or consume them. Germs can grow in the contaminated foods or drinks and make people sick.
- Germs from unwashed hands can be transferred to other objects, including handrails, door knobs, tables, or bathroom stalls, and then transferred to another person's hands.



Birko offers effective solutions for handwashing, sanitizing, and dispensing needs. For a full list of products, talk to your local technical sales representative or visit [birkocorp.com](http://birkocorp.com) for more information.

# Birko Handwashing Solutions

Soap and water are more effective than the alcohol-based hand sanitizers because the proteins and fats in food tend to reduce alcohol's germ-killing power. If there aren't opportunities to use soap and water, it's important to use a sanitizer with 60 percent or more alcohol.

Birko offers powerful hand soap and sanitizing solutions to effectively remove germs to reduce cross contamination among employees and the food they handle.

<b>E1 Equivalent Hand Soaps</b>	<b>Application</b>
Big Red	Our most popular liquid hand soap that contains CHG. A must have for your facility with multiple uses: hands, floors and equipment.
Little Red	Economical and mild hand soap with CHG that is designed for frequent use without irritation. Half the strength of Big Red.
Challenge	Economical, non-scented hand soap with CHG that is designed for use in all dispensers.

<b>E2 Equivalent Hand Soaps</b>	<b>Application</b>
Birko Shut Out	Economical sanitizing hand soap with chloroxylenol that is safe to use on even the most sensitive skin.
Sani-Clean	Sanitizing hand soap that contains quat ammonium compounds. Acceptable for use in federally inspected plants.
Alpet Q E2 Sanitizing Foam Soap	Quat sanitizing hand soap for foaming dispensers.

<b>E3 Equivalent Hand Sanitizers</b>	<b>Application</b>
San-It-E	An FDA compliant hand sanitizing rinse made from ethanol with the addition of an emollient to prevent dry skin. Meets CDC and WHO guidelines for efficacy against Novel SARS-COV-2 virus and is USDA E3 compliant.
Birko San III	A USDA hand sanitizing rinse made from ethanol with the addition of emollients to prevent dry skin.

**View our full line of hand soap and hand sanitizer dispensers at [birkocorp.com](http://birkocorp.com)**

